

Friday, May 8, 2020 &  
Saturday, May 9, 2020  
Balgrist University Hospital, Zurich

## ESSR Sports Imaging Course

Joint course by the ESSR sports imaging subcommittee and  
12th educational SSSR meeting



*Upper Extremity*  
**ESSR SPORTS IMAGING COURSE**  
MAI 08/09 2020, ZURICH/SWITZERLAND



SSSR  
Swiss Society of  
Musculoskeletal Radiology



University of  
Zurich <sup>UM</sup>

The **Balgrist**

# ESSR SPORTS IMAGING COURSE

## UPPER EXTREMITY

Sessions on shoulder, elbow, upper limb pathology as well as hand and wrist are presented by international experts on sports imaging and sports medicine.

### Organizers

PD Dr. Reto Sutter

Head of Radiology, Balgrist University Hospital Zurich

PD Dr. Christoph Schöffeler

Head of Musculoskeletal Imaging, Cantonal Hospital Chur

### Faculty

P. Diana Afonso, Lisbon

Gustav Andreisek, Münsterlingen

Guillaume Bierry, Strasbourg

Samy Bouaicha, Zürich

Luis Cerezal, Santander

Milko de Jonge, Amsterdam

Michel De Maeseneer, Brüssel

Linda Dyer, Zürich

Anna Falkowski, Zürich

Benjamin Fritz, Zürich

Alexandra Gersing, München

Roman Guggenberger, Zürich

Anna Hirschmann, Basel

Pia Jungmann, Freiburg i. Br.

Carlo Martinoli, Genova

Christian Pfirrmann, Zürich

Andreas Schweizer, Zürich

Frank Smithuis, Amsterdam

Simone Waldt, Essen

Klaus Wörtler, München

Marco Zanetti, Zürich

### Course language

English

### Venue

Balgrist University Hospital, Auditorium

Forchstrasse 340, 8008 Zurich, Switzerland

### Registration fee

500 CHF regular / 470 CHF for members of ESSR or SSSR

### Registration

Online [www.balgrist.ch/sports-imaging-course](http://www.balgrist.ch/sports-imaging-course)

Balgrist University Hospital

Stefanie Pfister - Coordinator Congresses

[kongresse@balgrist.ch](mailto:kongresse@balgrist.ch)

Tel.: +41 (0)44 386 38 33

### CME Accreditation

- Swiss Society of Radiology (SGR-SSR): 13 Credits
- ESSR Diploma (European Society of Musculoskeletal Radiology)  
Applicable for ESSR Diploma
- Deutsche Röntgengesellschaft e.V., Akademie für Fort- und Weiterbildung in der Radiologie: 12 Credits, Kat. A
- Deutsche Gesellschaft für Muskuloskeletale Radiologie e.V.:  
Für das Qualitätsprogramm der DGMSR anerkannt
- Österreichische Röntgengesellschaft / Gesellschaft für Medizinische Radiologie und Nuklearmedizin (OERG): to be confirmed
- Swiss Orthopaedics (SGOT): 16 credit points
- Swiss Society of sports medicine (SGSM): to be confirmed



## Course program Friday, May 8, 2020

08:00 *Registration*

### 08:30 **Shoulder I**

- Rotator cuff and muscle injuries in athletes Gersing
- Rotator cuff – 5 surgical points to consider Bouaicha
- Shoulder instability – first time and chronic Jungmann

10:00 *Coffee Break*

### 10:30 **Shoulder II**

- Non-traumatic instability in athletes Schäffeler
- Proximal biceps tendon and rotator interval Wörtler
- Postop shoulder – rotator cuff and instability surgery Waldt

12:00 *Lunch break*

### 13:00 **Shoulder girdle and thoracic wall**

- Pectoralis and conjoined tendon injuries Zanetti
- Sternoclavicular joint and acromioclavicular joint Bierry
- Physical therapy for shoulder girdle problems Dyer

14:30 *Coffee Break*

### 15:00 **Elbow**

- Elbow overuse injuries Afonso
- Elbow instability Sutter
- Postoperative elbow imaging Cerezal

## Course program Saturday, May 9, 2020

### 08:30 **Upper limb**

- Fractures of the upper extremity Guggenberger
- Nerve compression syndromes Andreisek
- Pediatric sports imaging: 5 points to consider de Jonge

10:00 *Coffee Break*

### 10:30 **Wrist I**

- Intersection syndromes, and tendon disorders Falkowski
- TFCC and ulnar-sided wrist pain in athletes Pfirrmann
- Carpal injuries Smithuis

12:00 *Lunch Break*

### 13:00 **Wrist II and hand**

- Mid-hand: The lesser-known anatomy De Maeseneer
- Sonography of the wrist and hand. indications, strengths and limitations Martinoli

14:15 *Coffee Break*

### 14:45 **Fingers**

- Ligament and pulley lesions of the finger Fritz
- Hand and finger injuries in climbers: Diagnostics and therapy Schweizer
- Thumb and first CMC joint Hirschmann

16:15 *Closing Remarks*

Universitätsklinik Balgrist

Forchstrasse 340

CH - 8008 Zürich

T +41 44 386 38 33

F +41 44 386 30 09

[kongresse@balgrist.ch](mailto:kongresse@balgrist.ch)

[www.balgrist.ch](http://www.balgrist.ch)